

Cleveland Track & Field

February 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
4	5	6	7 *Ramped Up Interest Meeting C Lunch	8 *Ramped Up Interest Meeting C Lunch	9 Indoor 4A State Championship	10
11	12	13	14	15 *First Day of Practice *Fundraiser Begins	16 Practice	17
18	19 Teacher WD No School NO PRACTICE Parent Meeting	20 Practice Indoor Track End-of-Year Awards	21 Practice	22 Practice	23 Practice	24
25	26 Practice	27 Practice	28 Practice *Fundraiser Ends	29 Away Meet @ Garner *Online Store Closes	1 NO PRACTICE	2

EVENTS

Interest Meeting

This information meeting is for those new to the track team.

Sign up for Rm 229 C lunch on Wednesday (2/7) or Thursday (2/8).

First Day of Practice

First day of practice is Thursday, Feb. 15th.

***Physicals & FinalForms are due by the first practice.

Fundraiser

Our fundraiser and track gear sale begin Thurs, Feb. 15th.

The more you sell, the more free track gear you earn!

Fundraiser

The fundraiser ends on Wed, Feb 28th.

The online apparel store closes on Thurs, Feb 29th.

Cleveland Track & Field

March 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
25	26	27	28 Practice *Fundraiser Ends	29 Away Meet @ Garner *Online Apparel Store Closes	1 NO PRACTICE	2
3	4 Away Meet @ Clayton	5 Teacher WD No School NO PRACTICE	6 Practice	7 Away Meet @ SER	8 NO PRACTICE	9
10 Practice	11 Practice	12 Practice	13 Practice	14 Away Meet @ Garner	15 NO PRACTICE	16
17 Practice	18 Practice	19 Practice	20 Practice	21 Away Meet @ FV	22 NO PRACTICE	23
24 Practice	25 Practice	26 Practice	27 Practice	28 Away Meet @ SER	29 GOOD FRIDAY No School NO PRACTICE	30

EVENTS

Cleveland Track & Field

April 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
31 EASTER	1 SPRING BREAK	2 SPRING BREAK	3 SPRING BREAK	4 SPRING BREAK	5 SPRING BREAK	6
7	8 Teacher WD No School ***PRACTICE***	9 Practice	10 Away Meet @ SG	11 Practice	12 SPRINT HOLIDAY	13
14	15 Practice	16 Practice	17 Practice	18 Away Meet @ FV	19 SPRINT HOLIDAY	20 Apex Lions' Relays @ Apex HS
21	22 Clayton Relays @ Clayton HS	23 Practice	24 Practice	25 Away Meet @ WS	26 PROM NO PRACTICE	27
28	29 Practice	30 Practice	1 Practice	2 Conference Championship @ TBD	3 NO PRACTICE	4

EVENTS

Spring Break

Enjoy your break! We'll share suggested workouts, but will not have team practices over break.

Apex Lions' Relays

Let's compete against some of the best talent in the area!

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May 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
28	29 Practice	30 Practice	1 Conference Championship Meet @ TBD	2 Conference Championship Meet @ TBD	3 NO PRACTICE	4
5	6 Practice	7 Practice	8 Practice	9 Practice	10 Practice	11 Regional Championship @ Willow Spring
12	13 Practice	14 Practice	15 Practice	16 Practice	17 4A State Championship @ NC A&T	18
19	20	21	22	23	24	25
26	17	28	29	30	31	1

EVENTS

Conference Championship
May 2nd. New year... same results. Keep the streak alive!

4A East Regional
Entries are based on qualifying marks. Must be top 16 or an automatic qualifier for your event.

4A State Championship
The top 4 finishers in each event from Regionals will get to compete in the State Meet. Go Rams!!!